



ABOUT SAN DIEGO

There is much to enjoy **at the hotel** with acres of gardens with lush pathways leading to spectacular views of the bay and marina. Three water slides splash into tropical lagoon pools—great fun for both kids and adults! Bird watchers can catch a pelican diving into the water to scoop up fish, ducks searching for hand-outs near the dock, or hear the melodic call of a loon. Just a four-block walk or short complimentary shuttle ride from the hotel is beautiful Mission Beach, featuring Belmont Park and stretching north to Pacific Beach and the cliff-side beaches of La Jolla and Torrey Pines. To the south lies Ocean Beach and the breathtaking Sunset Cliffs. Enjoy swimming, surfing, diving, pier fishing, volleyball, restaurants, shops, skating and cycling along the Mission Beach Boardwalk. Historic Belmont Park features the Big Dipper (a classic 70-foot drop wooden track roller coaster) and other rides, an arcade and a special children's area. Feel the energy from the main lifeguard tower on Ventura Place to the end of the boardwalk at Palisades Park.

San Diego's most desirable spot for kayaking, diving and snorkeling is **La Jolla Cove**. The water is calm and ecologically protected. Surfboards, boogie boards and other flotation devices are not permitted. But for more sea life encounters, take a kayak tour of the sea caves. www.lajolla.com/guides/la-jolla-cove/

Spend the day at **Balboa Park**, one of the nation's largest cultural complexes and home to the world-famous **San Diego Zoo**, renowned arts venues, beautiful gardens, and 15 of San Diego's famous museums, such as Museum of Photographic Arts, Reuben H. Fleet Science Center, San Diego Air &

Space Museum, San Diego Automotive Museum, San Diego Hall of Champions Sports Museum, San Diego History Center, San Diego Model Railroad Museum, San Diego Museum of Man, San Diego Natural History Museum, The San Diego Museum of Art, and Veterans Museum & Memorial. www.balboapark.org

Take a historical walking tour in the **Gaslamp Quarter**, a premier dining, shopping and entertainment destination, and the beautiful Victorian National Historic District. www.gaslamp.org

Visit historic **Old Town San Diego**, the Birthplace of California, where the first Europeans settled. See history and culture come alive as you tour the sites and enjoy the quaint places to shop and dine. www.oldtownsandiegoguide.com

The **Birch Aquarium at Scripps** showcases research discoveries by Scripps Institute of Oceanography scientists on climate, earth and ocean science. www.aquarium.ucsd.edu

Cabrillo National Monument offers breathtaking views mingled with early history and the Old Point Loma Lighthouse. www.nps.gov/cabr

Coronado Island boasts unique shops and restaurants, an award-winning beach and the famous Hotel Del Coronad. www.coronado.ca.us

The **USS Midway** hosts the most-visited naval ship museum in the world! Live the adventure aboard the longest-serving aircraft carrier in US Navy history. www.midway.org

Built for real family fun, **LEGOLAND California** has rides and shows. www.legoland.com/california

Visit www.sandiego.org for more information on area attractions and activities!

ABOUT YOUR HOSTS

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

San Diego Podiatric Medical Society is a 501(c)(6) organization whose members practice in San Diego and Imperial Counties. It is the mission of the SDPMS to promote, advance and protect the profession of podiatric medicine, to preserve the rights of the patients it serves and to seek continuous improvement in the quality of patient and care. More information about SDPMS is available at www.sdcpm.org.

UPCOMING CONFERENCES

OCT 14-16, 2022
MID-ATLANTIC
Mid-Atlantic
Conference
with Mid-Atlantic PMA

NOV 3-6, 2022
SANIBEL
31st Annual
Sanibel
Conference

DEC 2-4, 2022
CHICAGO
Windy City
Conference
with Illinois PMA

FEB 2-4, 2023
PARK CITY
The 30th Annual
Winter Conference
with Utah PMA

APR 13-16, 2023
PHOENIX
Valley of the Sun
Conference
with Arizona FAMA

APR 27-30, 2023
NEWPORT
Surgical Pearls
by the Sea
with Rhode Island PMA

MAY 18-21, 2023
LITTLE ROCK
Foot & Ankle Surgery
Building Blocks for Success
with Arkansas PMA

JUN 22-25, 2023
HILTON HEAD
Footprints in the
Sand Conference
with South Carolina PMA

JUL 20-23, 2023
PORTLAND, ME
Foot & Ankle Surgery
Building Blocks for Success
with Maine PMA

SEP 21-24, 2023
SAN DIEGO
42nd Annual
UPDATE 2023
with San Diego PMS

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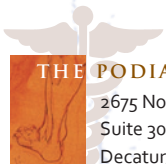
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The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2022



THE PODIATRY INSTITUTE

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SAN DIEGO

September 22-25



THE PODIATRY INSTITUTE

THE 41ST ANNUAL

UPDATE 2022

*Reconstructive Surgery
of the Foot & Ankle*

WITH JOINT PROVIDER

SAN DIEGO PODIATRIC MEDICAL SOCIETY



This is a PICA approved
risk management seminar.

PICA

12:00 PM **REGISTRATION — EXHIBIT HALL OPENS — REFRESHMENTS**12:25 PM **WELCOME TO SAN DIEGO**12:30 PM **TRAUMA**

Weber B Management

Operative Treatment High Risk Ankle Fractures

Posterior Malleolus Fractures

Transitional Ankle Fractures

Neglected Calcaneal Fractures

Should I Allow My Ankle Fractures to Walk

PANEL DEBATE OF COMPLICATED CASES

Question & Answer

3:15 PM **BREAK — VISIT EXHIBITS**4:00 PM **CHALLENGING CONDITIONS**

Peroneal Subluxation

Malreduction of the Tib Fib Syndesmosis

Neglected Achilles Tendon Rupture

Calcaneal Fracture Management: Double Distraction

CRPS

Mal-united Triple Arthrodesis

Question & Answer

6:10 PM **THURSDAY SESSION ADJOURNS****DISTINGUISHED FACULTY****CONFERENCE
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Experience the epitome of California coastal chic at **Hyatt Regency Mission Bay Spa and Marina** with



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888.421.1441 or 619.224.1234

(mention **Group Code G-PDDI** for special rate)

Rate: \$230 (plus tax, subject to change without notice)

Register online via the link on the San Diego page at www.podiatryinstitute.com

A block of rooms has been reserved and will be held until it is full or **August 24, 2022**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable September 21-26, 2022 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
404 944.9348

(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, please call Trish at Travel Leaders or email her at tgraves@travelleaders.com.

7:00 AM **BREAKFAST IN EXHIBIT HALL**7:30 AM **DERMATOLOGIC CONDITIONS AND MEDICINE**

Skin of Color Concerns

Minimizing Injection Pain in the Office

Syndactyly

Disappearing Nail Bed

Bedside Manner/ Art of Medicine

Surgical Management of Melanoma

10 Derm Topicals to Use

Charting and Coding: How to Stay Out of Trouble

Question & Answer

10:15 AM **BREAK — VISIT EXHIBITS**10:45 AM **WORKSHOPS**

NOTE: YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS. THERE WILL BE SEPARATE SIGN-IN SHEETS.

*Hands-on workshops featuring the latest techniques & technologies*10:45 AM **ROTATION ONE****Fundamental Skills “Hands-On” Biopsy Workshop***Moderator: William Scherer, DPM*

This is the first part of a two-part series on common skin, nail, nerve, and bone biopsy indications, techniques, and practice management coding for podiatrists. A comprehensive overview of fundamental biopsy best practices, indications, techniques will be covered for punch biopsy, tangential biopsy, nail unit biopsy, and ulcer biopsy.

11:50 AM **ROTATION TWO****Advanced Skills “Hands-On” Biopsy Workshop***Moderator: William Scherer, DPM*

This is the second part of a two-part series on common skin, nail, nerve, and bone biopsy indications, techniques, and practice management coding for podiatrists. A comprehensive overview of innovative and advanced biopsy best practices, indications, techniques will be covered for advanced innovative biopsy techniques, epidermal nerve fiber density, fine needle aspiration, incisional biopsy, bone biopsy, and plastic surgery skin flaps. It is helpful, but not mandatory, to attend part one of the biopsy workshop series to attend the second session.

12:45 PM **LUNCH & LEARN****JUBLIA® (efinaconazole) topical solution, 10%, for the Treatment of Onychomycosis***Sponsored by Ortho Dermatologics***NOTE: This is a non-CECH lecture.**1:30 PM **HAV AND FOOT SURGERY****PANEL DEBATE**

Austin

Evolution and Stability of the Distal 1st Metatarsal Osteotomy

Lapidus Arthrodesis

Iatrogenic Hallux Varus

Question & Answer

3:45 PM **BREAK — VISIT EXHIBITS**4:15 PM **FOOT SURGERY/ CONGENITAL DEFORMITIES**

Clubfoot Management

Lateral Ankle Stabilization

Digital Deformities Controversies

Pincer Nail Therapy

Pediatric Deformities

Juvenile Flatfoot

Question & Answer

6:45 PM **FRIDAY SESSION ADJOURNS****CONFERENCE OBJECTIVES**

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine and Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.



SATURDAY

SEPTEMBER 24

7:00 AM BREAKFAST IN EXHIBIT HALL

7:30 AM RECONSTRUCTION AND LIMB PRESERVATION

PIPJ Implants
Neuroma Treatments and Complications
STJ Arthrodesis
Acute Peroneal Injuries
Dropfoot Repair: Surgical Options
Question & Answer

9:15 AM **Current Regulations for Narcotic Prescribing**
There will be a separate sign-in for this lecture.

10:15 AM BREAK — VISIT EXHIBITS

11:00 AM EXHIBIT HALL CLOSES

11:00 AM RECONSTRUCTION AND LIMB PRESERVATION (CONTINUED)

Charcot Management and Surgery
Osteomyelitis
Surgical Complications
Talonavicular Arthrodesis with Subtalar Arthroereisis
Peri Prosthetic TAR Infection
Pan Metatarsal Head Resection
Aneurysmal Bone Cysts
Characteristics and Complications of Talus Fractures
Osteochondrosis and Friebergs
Question & Answer

2:15 PM SATURDAY SESSION ADJOURNS — ENJOY SAN DIEGO

SUNDAY

SEPTEMBER 25

7:00 AM BREAKFAST

7:30 AM RISK MANAGEMENT SESSION Navigating Forefoot Surgical Complications

Complications unfortunately happen to all surgeons. It is important to identify them when they occur so we can learn from them and hopefully avoid them in future cases. Several forefoot surgeries with complications will be shown and broken down to identify the etiology of the complication and the treatment rendered to try to produce a satisfied patient.

Note: There will be a separate sign-in for this lecture.

8:30 AM RISK, RESEARCH, AND MORE TRAUMA

Acute Lisfranc Injuries
Dorsal Bridge Plating in Lisfranc Dislocation Injuries
Calcaneal Fractures
Lisfranc Fracture Treatment
Question & Answer

10:00 AM BREAK / STRETCH

10:20 AM RESEARCH

Distal Fibula Anatomy
Surgical Treatment of Macrodactyly
Myxoinflammatory Fibroblastic Sarcoma
Bilateral Isolated Medial Compartment Syndrome of Foot
The 40-year-old Chronic Plantar Fibroma
Question & Answer

12:15 PM CONFERENCE ADJOURNS

UP TO 25 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and **San Diego Podiatric Medical Society**. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **25 continuing education contact hours**.





OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit
www.podiatryinstitute.com

SAN DIEGO CONFERENCE REGISTRATION

- ☐ \$565 on or before 9/8/22
- ☐ \$715 after 9/8/22 or at the door **(Credit Card ONLY)**

- ☐ \$340 Retired Podiatrists or Active Military

- ☐ \$125* Student or Resident with letter from Residency Director
**DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.*

- ☐ Special Seminar Rate for **APMA Young Members.**
Call 888.833.5682.

- ☐ **Food functions are open to registered attendees only.**
Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 1 lunch and 5 breaks.

____ # OF ADULTS
(\$200 EACH)

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WEBINAR REGISTRATION ONLY

- ☐ \$665 Webinar on or before 9/8/22
- ☐ \$715 Webinar after 9/8/22
- ☐ \$440 Webinar Retired or Military
- ☐ FREE Webinar Student/Resident Registration

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PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

**IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION,
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CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.

